

# Youth in Transition (YIT)

## Clinical Therapist

**Program:** Clinical  
**Status:** Full Time Non-Exempt

**Reports to:** Program Director  
**Supervises:** N/A

**Position Summary:** The YIT Clinical Therapist is responsible to the Program Director for the provision of mental health and substance abuse services for young adults, ages 18 to 24, with severe mental illness and/or severe emotional disturbances. Responsible for the coordination of all aspect of the consumer's services and referrals to outside agencies to assist the consumer and family in recovery from mental or physical illness, safe housing, employment and/or meaningful activities and follow-up to ensure services efficacy.

**License/Certification:** MA/MSW degree in counseling, social work or related behavioral health field, with limited or full state licensure.

**Min. Qualifications:** One (1) year experience working with adolescents and young adults with severe emotional disturbances.

**Desired Qualifications:** At least three (3) years of experience as case manager is preferred.

**Physical Requirements:** Must have adequate visual acuity to interact with Electronic Health Record System and accurately input data. Ability to move about for up to 50% of work shift. Must be able to remain in a stationary position for up to 50% of work shift. Occasionally must be able to move up to 20 pounds from one location to another.

### **Essential Functions:**

- Conducts thorough and comprehensive diagnostic clinical and case management assessments. The assessment incorporates needs, wants, barriers, supports to address barriers, and health and welfare issues. A thorough and comprehensive assessment is conducted at time of admission and/or within the first 28 days of admission to assess the consumer's assets, deficits, and needs, and annually thereafter.
- Re-evaluate the consumer's needs throughout treatment. Update assessments if there is a significant change in the condition or circumstances of a client and reflect changes in the individual plan of service.
- Responsible for coordination through the I-Team process for linking and coordinating consumer services (i.e., medical, social, and educational.)
- Incorporate all identified needs/goals into the individual plan of service. Goals and objectives are written in a person-centered format from the consumer's perspective.
- Complete Closing Summaries for assigned consumers in accordance with agency policy.
- Performs home and community based interventions, including transportation of consumers when needed. Obtain and maintain a valid chauffer's license with the State of Michigan and maintain an acceptable driving record.
- Provide psycho-educational groups and/or co-facilitate groups to assist consumers in the process of recovery.
- Will complete the appropriate Level of Care Tools and Checklists (Potential for Violence, Homicidal, Suicidal, Substance Abuse Assessment) when applicable.
- Assist consumers with seeking and maintaining entitlements, coordinating resources, and group treatment.
- Ability to meet established productive direct service standard for program.
- Complete at least 24 hours of in-service training on an annual basis.
- Perform other work duties and responsibilities as assigned.